

Florida Athletic Coaches Association

2024 – Track and Field

THURSDAY – January 4th:

9:00AM – 5:00PM

Clinic Registration – FACA Membership and Networking

10:00AM – 12:00PM

Coach to Official – Training Course & Certification – Double Room

Ed Thompson – FHSAA, Lionel Bonck – CFTOA, Tony Tussing – CFTOA
Central Florida Track Officials Association – Rules and Regulations

1:30PM – 2:15PM

Track and Field Presentations – Double Room

Keynote Opening Speaker – Track Shack Foundation – Jon and Betsy Hughes

2:30PM – 3:15PM

Track and Field Presentations – Separate Rooms

General: Katelyn Greenleaf – NuLeaf – Sports Nutrition
Field: Emily Webb – Niceville HS – Shot Put Technique
Distance: Will Palmer – University of Florida – CC to Track Transition

3:30PM – 4:15PM

Track and Field Presentations – Separate Rooms

Sprints: Matt Malkovich – Hagerty HS – Free Lap System & Workouts
Chad Farwig – Hagerty HS – Free Lap System & Workouts
Field: TJ Lawson – IMG Academy – Long Jump, Triple Jump
Distance: Will Palmer – University of Florida – 1600/3200 Training

4:30PM – 5:30PM

FACA Track Advisory Committee Update / CCAC Update – Double Room

Ray Romero – FACA Cross Country State Chair – Dunbar HS
Jay Getty – FACA Track and Field State Chair – Hagerty HS

Coach of the Year Awards – presented by David Halliday (FLTFHOF)

Cross Country – Boys – Ted DeVos – Nease High School
Cross Country – Girls – Mike Maren – Buchholz High School
Track and Field – Boys – Todd Brigman – Niceville High School
Track and Field – Girls – Erin McCray – Southridge High School

Florida Track and Field Hall of Fame Inductees

Cyril Wyatt – Oak Ridge High School, Florida State University
Daniel “Danny” Smith – Oak Ridge High School, Florida State University
Tony Ryan – The Bolles School, National Coach of the Year – 2023

5:30PM – 7:30PM

DRURY KICKBACK SOCIAL - HOTEL

8:00PM – 11:00PM

Coaching Networking / M-F Athletic Hospitality

FRIDAY – January 5th:

8:00AM – 5:00PM

Clinic Registration – FACA Memberships and Networking

8:30AM – 9:15AM

Track and Field Presentations – Separate Rooms

Sprints: Alycia Williams – Flagler Palm Coast – Dynamic Warmups
Field: TJ Lawson – IMG Academy – Decathlon, Heptathlon
Distance: Will Palmer – University of Florida – 800M

9:30AM – 10:15AM

Track and Field Presentations – Separate Rooms

Sprints: Alycia Williams – Flagler Palm Coast – Blocks & Acceleration
Field: Emily Webb – Niceville HS – Discus Technique
General: Katelyn Greenleaf – NuLeaf – Sports Nutrition

10:30AM – 11:15AM

Track and Field Presentations – Separate Rooms

Sprints: Alycia Williams – Flagler Palm Coast – 100M/200M
Hurdles: Brett Shields – Univ. of Pittsburgh Athlete – 100/110H
Field: TJ Lawson – IMG Academy – High Jump

11:30AM – 1:00PM

Lunch Break / Vendor Visitation / Coaching Networking

1:00PM – 2:15PM

FHSAA / CFTOA – Track and Field Updates – Triple Room

FHSAA T/F Update – Ed Thompson – FHSAA Administrator

2:30PM – 3:00PM

Vendor Visitation and Coaching Networking

3:00PM – 3:45PM

Track Presentations – Separate Rooms

Sprints: Brett Shields – Univ. of Pittsburgh Athlete – 400H
Field: TJ Lawson – IMG Academy – Pole Vault
Field: Emily Webb – Niceville HS – Javelin Technique

4:00PM – 4:45PM

FACA Recommendations – Jay Getty, FACA TR State Chair – Double Room

Approval and General Wrap-Up Discussions

5:30PM – 7:30PM

DRURY KICKBACK SOCIAL - HOTEL

8:00PM – 11:00PM

Coaching Networking / M-F Athletic Hospitality

6:00PM – 7:00PM

Track Advisory Committee Meeting – Jay Getty – TBA